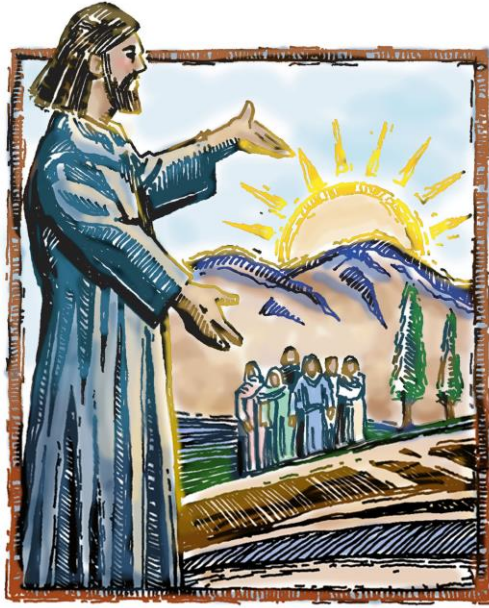


Fifth Sunday after Epiphany
February 4, 2024
10:30 a.m.



*And he went throughout
Galilee, proclaiming
the message...*

MARK 1:39, NRSV



"Christ- Students- Community Coming Together"

444 Abbot Road | East Lansing, MI 48823 | (517) 332-0778
www.martinlutherchapel.org

In today's gospel Jesus cures the sick, proclaims the gospel, and casts out demons. His ministry reveals God's compassionate heart in which the lowly are lifted up and the brokenhearted are healed. As we gather around Christ present in word and meal, we are given strength to wait for the Lord in the midst of our suffering. Living as the body of Christ, our very lives are signs of God's gracious intent for humankind.

WELCOME

PRELUDE

Stand

INVOCATION

[P] In the name of the Father, and of the Son, and of the Holy Spirit.

[C] Amen.

[P] Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **[C] Amen.**

WORDS OF CONFESSION AND FORGIVENESS

[P] If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Kneel/ Remain Standing

[P] Most merciful God,

[C] We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

[P] Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit.

[C] Amen.

GREETING OF PEACE

Introduce yourself to those around you, greeting them with the greeting of peace.

SERVICE OF THE WORD

HYMN "Praise to the Lord, The Almighty"

1 Praise to the Lord, the Al - might - y, the King of cre -
2 Praise to the Lord, who o'er all things is won - drous - ly
3 Praise to the Lord, who has fear - ful - ly, won - drous - ly,
4 Praise to the Lord, who will pros - per your work and de -

a - tion! O my soul, praise Him, for He is your
reign - ing And, as on wings of an ea - gle, up -
made you, Health has be - stowed and, when heed - less - ly
fend you; Sure - ly His good - ness and mer - cy shall

health and sal - va - tion! Let all who hear Now to His
lift - ing, sus - tain - ing. Have you not seen All that is
fall - ing, has stayed you. What need or grief Ev - er has
dai - ly at - tend you. Pon - der a - new What the Al -

tem - ple draw near, Join - ing in glad ad - o - ra - tion!
need - ful has been Sent by His gra - cious or - dain - ing?
failed of re - lief? Wings of His mer - cy did shade you.
might - y can do As with His love He be - friends you.

5 Praise to the Lord! O let all that is in me adore Him!
 All that has life and breath, come now with praises before Him!
 Let the Amen
 Sound from His people again;
 Gladly forever adore Him!

Text: Joachim Neander, 1650–80; tr. Catherine Winkworth, 1827–78, alt.
 Tune: *Ander Theil Des Erneueren Gesang-Buchs*, Stralsund, 1665;
 setting: *The Chorale Book of England*, 1863, alt.

LOBE DEN HERREN
 14 14 4 78

Text and music: Public domain

1 Chron. 16:23–26; Ps. 103:1–11; 106:48

P The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **C** **And also with you.**

P In peace, let us pray to the Lord.



P For the peace from above, and for our salvation, let us pray to the Lord.



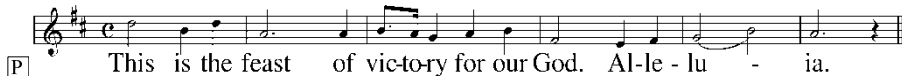
P For the peace of the whole world, for the well-being of the church of God and for the unity of all, let us pray to the Lord.



P For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.



P Help, save, comfort, and defend us, gracious Lord.



blood set us free to be peo-ple of God. Pow - er and
rich - es and wis - dom and strength, and hon - or and
bless - ing and glo - ry are his. This is the feast of
vic - to - ry for our God. Al - le - lu - ia.
Sing with all the peo - ple of God and join in the
hymn of all cre - a - tion: Bless - ing and hon - or and
glo - ry and might be to God and the Lamb for -
ev - er. A - men. This is the feast of vic - to - ry
for our God, for the Lamb who was slain has be - gun
his reign. Al - le - lu - ia. Al - le - lu - ia.

☐ The Lord be with you. ☒ **And also with you.**

☐ Almighty God, you sent your only Son as the Word of life for our eyes to see and our ears to hear. Help us to believe with joy what the Scriptures proclaim, through Jesus Christ our Lord. ☒ **Amen.**

Children are invited to the Fireside Lounge for the Children's Lesson.

FIRST LESSON Isaiah 40:21-31

The Judeans in exile have a reason to be hopeful: the One who will bring them to freedom is the God who created the world and gives strength to those who are weary.

☒ Have you not known? Have you not heard?
Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?
 It is he who sits above the circle of the earth,
 and its inhabitants are like grasshoppers;
 who stretches out the heavens like a curtain,
 and spreads them like a tent to live in;
 who brings princes to naught,
 and makes the rulers of the earth as nothing.
 Scarcely are they planted, scarcely sown,
 scarcely has their stem taken root in the earth,
 when he blows upon them, and they wither,
 and the tempest carries them off like stubble.
 To whom then will you compare me,
 or who is my equal? says the Holy One.
 Lift up your eyes on high and see:
 Who created these?
 He who brings out their host and numbers them,
 calling them all by name;
 because he is great in strength,
 mighty in power,
 not one is missing.
 Why do you say, O Jacob,
 and speak, O Israel,
 "My way is hidden from the LORD,
 and my right is disregarded by my God"?
 Have you not known? Have you not heard?
 The LORD is the everlasting God,
 the Creator of the ends of the earth.
 He does not faint or grow weary;
 his understanding is unsearchable.
 He gives power to the faint,
 and strengthens the powerless.
 Even youths will faint and be weary,
 and the young will fall exhausted;
 but those who wait for the LORD shall renew their strength,
 they shall mount up with wings like eagles,
 they shall run and not be weary,
 they shall walk and not faint.

 This is the Word of the Lord.  **Thanks be to God.**

SECOND LESSON 1 Corinthians 9:16-23

Paul continues his careful argument about the freedom of God's people. In Christ we are free, he says, not to injure one another, but to help. Using his own work as an example, Paul argues that we are not so much free from each other as free for each other.

R If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

R This is the Word of the Lord. **C** **Thanks be to God.**

Stand

intro: one chord

C Al-le-lu-ia. Lord, to whom shall we go? You
have the words of e-ter-nal life. Al-le-lu-ia.

GOSPEL **P** The Gospel is written in Mark chapter 1, beginning at verse 29.

C **Glory to You, O Lord.**

P As soon as Jesus and the disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

P This is the Gospel of the Lord. **C** **Praise to You, O Christ.**

APOSTLES' CREED

I believe in God, the Father almighty,
creator of heaven and earth.

And in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell.

The third day He rose again from the dead.

He ascended into heaven,

And sits at the right hand of God the Father Almighty.

From thence He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Sit

MESSAGE

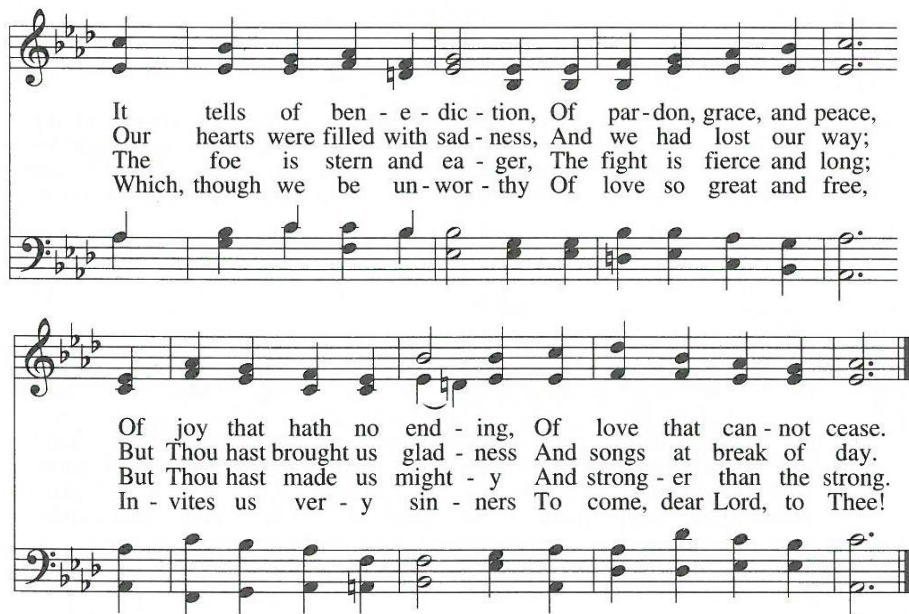
Stand

HYMN "Come Unto Me, Ye Weary"

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It features a key signature of two flats (B-flat and E-flat) and a common time signature. The melody is primarily in the Soprano and Alto parts, with the piano providing harmonic support in the bass and right hand. The lyrics are printed below the vocal staves.

1 "Come un - to Me, ye wea - ry, And I will give you rest."
2 "Come un - to Me, ye wan - d'ers, And I will give you light."
3 "Come un - to Me, ye faint - ing, And I will give you life."
4 "And who - so - ev - er com - eth, I will not cast him out."

O bless - ed voice of Je - sus, Which comes to hearts op-pressed!
O lov - ing voice of Je - sus, Which comes to cheer the night!
O cheer-ing voice of Je - sus, Which comes to aid our strife!
O pa - tient love of Je - sus, Which drives a - way our doubt,



It tells of ben - e - dic - tion, Of par - don, grace, and peace,
 Our hearts were filled with sad - ness, And we had lost our way;
 The foe is stern and ea - ger, The fight is fierce and long;
 Which, though we be un - wor - thy Of love so great and free,

Of joy that hath no end - ing, Of love that can - not cease.
 But Thou hast brought us glad - ness And songs at break of day.
 But Thou hast made us might - y And strong - er than the strong.
 In - vites us ver - y sin - ners To come, dear Lord, to Thee!

Text: William C. Dix, 1837–98, alt.

Tune: Friedrich K. Anthes, 1812–after 1857; setting: *The Lutheran Hymnal*, 1941

ANTHES
76 76 D

Text and music: Public domain

Matt. 11:28; John 6:37; Is. 60:20; Is. 40:31

PRAYERS OF THE CHURCH

P Let us pray for the whole people of God in Christ Jesus, and for all people according to their needs.

Other prayers are inserted here. Each petition ends with “Lord, in your mercy,” to which the congregation responds, “hear our prayer.” The prayers conclude:

P Into your hands, O Lord, we commend all for whom we pray, trusting in your mercy, through your Son, Jesus Christ our Lord. **C** **Amen.**


Sit

ANNOUNCEMENTS

OFFERING

You may contribute online using the QR code or place a gift in offering plate at the door along with the interest sheet.



 Give Now

OFFERTORY MUSIC

SERVICE OF THE SACRAMENT

Stand

introduction

C Let the vine-yards be fruit - ful, Lord, and fill to the
brim our cup of bless - ing. Gath - er a har - vest from the
seeds that were sown, that we may be fed with the
bread of life. Gath - er the hopes and dreams of
all; u - nite them with the prayers we of - fer.
Grace our ta - ble with your pres - ence, and
give us a fore - taste of the feast to come.

P Let us pray. Merciful God,

C as the magi offered gifts to the Christ child, receive the treasures of ourselves, our time, and our possessions. Through this meal unite us as your body, that we may be a light to all nations; for the sake of him who gave himself for us, Jesus Christ our Lord. Amen.

PREFACE

P The Lord be with you.

C And al - so with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C It is right to give him thanks and praise.

P It is indeed right and salutary that we should ... and so we praise your name and join their unending hymn:

intro: one chord

C Ho - ly, ho - ly, ho - ly Lord, Lord
God of pow'r and might: Heav'n and earth are full
of your glo - ry. Ho-san - na in the high - est.
Bless - ed is he who comes in the name
of the Lord. Ho-san - na in the high - est.

WORDS OF INSTITUTION

P In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

P Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

LORD'S PRAYER

Recognizing that the church, and this congregation, are comprised of people from many cultures, languages, and backgrounds, please speak this prayer in the language or version closest to your heart.

C Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

LAMB OF GOD

introduction

Lamb of God, you take a-way the sin of the world; have mer-cy on us. Lamb of God, you take a-way the sin of the world; have mer-cy on us.

Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.

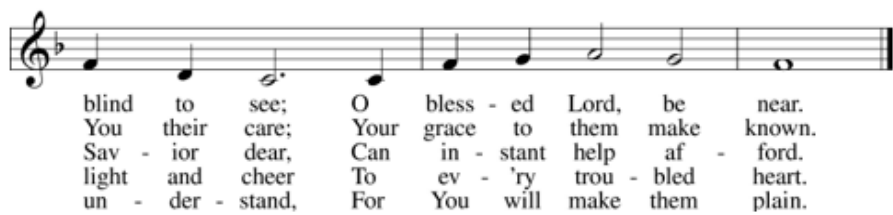
Sit

THE DISTRIBUTION *You may approach the altar as space is available to receive pre-packaged communion elements or from the common loaf, along with an individual cup of wine or grape juice. Gluten-free options are available.*

HYMN “O Son of God, in Galilee”

1 O Son of God, in Gal - i - lee You
2 O lis - ten to the si - lent prayer Of
3 The speech - less tongue, the life - less ear You
4 Mean - while to them the lis - t'ning ear Of
5 Then in Your prom - ised hap - py land Each

made the deaf to hear, The mute to speak, the
Your af - flict - ed ones. O bid them cast on
can re - store, O Lord; Your “Eph - pha - tha,” O
stead - fast faith im - part, And let Your Word bring
loss will prove a gain; All mys - t'ries we shall



Text: © 1978 Lutheran Book of Worship. Used by permission: LSB Hymn License no. 110002511
 Tune: Public [domain](#)

Stand

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace. **C** **Amen.**

POST-COMMUNION COLLECT AND PRAYER

intro: one chord

C Thank the Lord and sing his praise; tell ev-'ry-one what he has done. Let ev-'ry-one who seeks the Lord re-joyce and proud-ly bear his name. He re-calls his prom-is-es and leads his peo - ple forth in joy with shouts of thanks - giv - ing. Al - le - lu - ia. Al - le - lu - ia.

P Let us pray. God of glory, in this sacrament you unite us in the body of your Son. May we who have been guests at this table grow in love for one another, that through us your light may shine in all the world, through Jesus Christ our Lord. **C** **Amen.**

BENEDICTION

- [P]** The Lord bless you and keep you.
 The Lord make His face shine on you and be gracious to you.
 The Lord look upon you with favor and give you peace.

[C] Amen.

- [P]** Go in peace; serve the Lord. **[C] Thanks be to God.**

CLOSING HYMN “The Strong Word”

1 Thy strong word did cleave the dark - ness; At Thy
 2 Lo, on those who dwelt in dark - ness, Dark as

speak - ing it was done. For cre - at - ed
 night and deep as death, Broke the light of

light we thank Thee, While Thine or - dered sea - sons run.
 Thy sal - va - tion, Breathed Thine own life - breath - ing breath.

Al - le - lu - ia, al - le - lu - ia! Praise to
 Al - le - lu - ia, al - le - lu - ia! Praise to

Thee who light dost send! Al - le - lu - ia,
 Thee who light dost send! Al - le - lu - ia,

al - le - lu - ia! Al - le - lu - ia with - out end!
 al - le - lu - ia! Al - le - lu - ia with - out end!

3 Thy strong Word bespeaks us righteous;
Bright with Thine own holiness,
Glorious now, we press toward glory,
And our lives our hopes confess.
Alleluia, alleluia!
Praise to Thee who light dost send!
Alleluia, alleluia!
Alleluia without end!

5 Give us lips to sing Thy glory,
Tongues Thy mercy to proclaim,
Throats that shout the hope that fills us,
Mouths to speak Thy holy name.
Alleluia, alleluia!
May the light which Thou dost send
Fill our songs with alleluias,
Alleluias without end!

POSTLUDE

Our Confession about Communion

1. Holy Communion is a divinely instituted act in which Jesus Christ gives His true (real) body and blood under the forms of bread and wine. We thus hold that the bread and wine are not mere symbols of Jesus' body and blood. When we receive the bread and wine we receive in fact the body and blood of Christ for the forgiveness of sins.

2. We believe that Communion is a celebration of this forgiveness which comes to us through faith as we eat and drink. In communion we remember our Lord's passion and death, His resurrection and ascension, and the promise of His coming again. Communion is truly the Gospel made visible, and is offered for those who "hunger and thirst after righteousness."

3. We believe that as we eat and drink this Supper we are strengthened in our faith in Jesus Christ and in our love for one another.

Therefore, we invite to the Lord's Table all who:

a. have been instructed in the meaning of Communion; have been baptized in the name of the Triune God; have received Jesus Christ as their own personal and living Savior and Lord, and concur in our confession;

b. are not living in open rebellion against the Word of God, and do not hold willful and persistent form of hatred, resentment or anger against any other person.

Those who have questions about communion are welcome to talk to one of the Pastors.

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